



# Tamassee's *Life*-Recovery Program

## Frequently Asked Questions

***Why launch a recovery program for mothers with children?*** Because children and families need it! Tamassee's service area sees thousands of opioid and alcohol related hospitalizations and child maltreatments each year. Families impacted by substance abuse need a safe, loving place to heal. Tamassee's program will provide these families the life-changing community they need.

***Why is the program faith-based?*** Because a relationship with Jesus in a community of his love leads to greater healing and freedom. Infusing every element of the program with Jesus' grace and truth will set mothers and children free to be who God made them to be.

***How will you find families to serve?*** Families will come to Tamassee through a wide network of referral sources, including other recovery programs (a similar program in Tennessee has a waiting list of 200 moms), doctors, hospitals, detox and treatment programs, counselors and therapists, school officials, social workers in state agencies, pastors, and the family and friends of those needing us.

***How long will families participate in the program?*** We anticipate each family will live on campus for 18 to 24 months, based on their unique needs. We plan to create a transitional program to support families for another 6 to 12 months after they complete the residential program.

***How many families will you serve at a time?*** At full capacity we will serve 20 to 30 mothers and their children at a time. We will grow to full capacity in three phases over two to three years.

***What ages of children will you serve?*** The recovery program will serve mothers with infants through elementary school age children.

***Will moms be sober when they enter the program?*** Yes, moms must pass a drug screening before entering the program and continue to pass screenings while in the program. Tamassee will provide on-campus sober living homes for moms to live in community with each other as they rebuild their lives and families.

***Will the program be accredited and evidence-based?*** Yes, Tamassee will have the recovery program accredited by the Council on Accreditation. All program models and major components will be evidence-based and trauma-informed with data-driven outcomes.

***Who is helping Tamassee build the program?*** A variety of professionals are supporting the creation of Tamassee's program. Staff from [Blue Monarch](#) – a similar program in Tennessee with a strong track record of success – offers bi-weekly calls and resources. An Advisory Team of local subject matter experts meets monthly with Tamassee staff. A recovery program consultant will work closely with Tamassee during program build out and initial launch.

***How will you help moms recover from substance use?*** Tamassee will hire a team of experienced recovery staff to lead our program. [The Genesis Process](#) with its [proven record of success](#) and will be our recovery model. We will use the [Residential Drug Abuse Program](#) and a variety of 12 Step recovery groups and resources. Living in community with each other and engaging these resources with supportive staff, mothers will find lasting recovery and freedom.

***How will you help children and their moms heal?*** Tamassee will employ a counselor to work with children and moms to heal from trauma and a parenting coach to support moms as they bond with their children and learn to parent them. We'll use [Circle of Security](#) as our parenting model and a variety of parenting/child development curriculum, such as [Strengthening Families](#) and [Conscious Discipline](#).

***What educational services will you offer for children?*** Infants to preschoolers will attend Tamassee's Early Childhood Learning Center where the foci are stimulating brain development, social-emotional learning, and kindergarten readiness. For elementary age children, Tamassee will re-launch its on-campus Academy to provide individualized education and therapeutic classrooms to our kids.

***What educational services will you offer for moms?*** Tamassee will support each mom's education with remedial instruction, GED attainment, vocational rehabilitation services, and college scholarships. Education for moms will empower them to have family sustaining jobs upon completing our program.

***What other services will you offer?*** We'll offer a variety of life skills families need to live independently, productively, and happily. Healthy cooking, exercise, home management, financial literacy, time management, interpersonal skills, and community service will be taught and modeled.

***When a family completes the program, what comes next?*** Tamassee will support each family's transition into the community, including finding housing, jobs, and recovery and support networks. In time, we will create a full transitional program. Once a part of the Tamassee family, always a part!

***How will you know the program is successful?*** Tamassee will use several measures of success, including program completion, educational attainment for children and moms, life skill assessments, securing housing and employment, and relapse prevention.

***How will the program benefit the community?*** The program will empower families to be contributing members of their communities and our society, including improved educational outcomes, higher employment rates, increased personal income and tax revenue, greater community service, and reduced involvement with criminal justice, social services, and government assistance.

***How will the program be funded?*** We'll have three funding sources. The generous donations of our supporters will cover many expenses. Sliding scale fees for the program will defer some costs, and enterprise efforts will employ the mothers at Tamassee while generating revenue for the program.

***How can I get involved?*** We'd love for you to plug in! There will be numerous opportunities to volunteer and impact mothers' and children's lives. Your donation will make a life-changing difference for families. Visit [www.tdarschool.org](http://www.tdarschool.org) or call 864-944-1390 to learn more.